

8. POHORJE UPHILL

Self transcendence event: walk and race

DATE OF THE COMPETITION: 10th, NOVEMBER 2013 **ORGANIZER: SRI CHINMOY MARATHON TEAM**

PLACE: Pohorie cable railway, Pohorska ulica 59, 2000 Maribor, Slovenia

Event suitable for all who dare to challenge the Pohorje hill- walkers or runners!





PRE-ENTRY until 8.11. (18:00h) (walk 5 EUR, race 12 EUR):

www.srichinmoyraces.org/si

ON THE DAY OF THE RACE at the starting point between 9.00-10.30 (walk 6 EUR, race 15 EUR) INFO: +386 41 691707 (Marjan Jauk)

Start for walkers at 10:30! Start of the race for all categories at 11:00!

KATEGORY	CLASS
M2 Young boys 1	2003 and younger
M3 Young boys 2	1998-2002
M4 Junior boys	1994-1997
M5 Men	1974-1993
M6 Senior men I.	1964-1973
M7 Senior men II.	1954-1963
M8 Super men III.	1953 and older
Z2 Young girls 1	2003 and younger
Z3 Young girls 2	1998-2002
Z4 Junior girls	1994-1997
Z5 Women I.	1974-1993
Z6 Women II.	1964-1973
Z7 Women III.	1954-1963
Z8 Women IV.	1953 and older

CEREMONY The closing ceremony will be at 13.00

Description of the route: The race will start at the lower station of the Pohorje cable railway (325 m) and then continue on Čopova course to the hotel Bellevue (1050 m) where is the finish. The route will be marked. The length of the course is 3850 m with vertical ascent of 725 meters.

THE ORGANIZER WILL PROVIDE FOR ALL:

- a warm meal at the finish
- transportation of the equipment from the start to the
- lottery with prizes

ADDITIONALLY FOR PARTICIPANTS OF COMPETITION:

- T-shirt for first 200 participants
- awards for the best 10 men and best 10 women
- trophy for the winner in category and medal for the second and third place + awards up to the 5. Place
- special prize for new record

REKORD:

Mens: Igor Šalamun; 25:26, Year 2006 Women:Daneja Grandovec; 31:38, Year 2007

